

## NDGC Core Focus & Values

<u>Core Focus</u>	
<b>Our Purpose</b> "Our why"	Building Better Humans
<b>Our Niche</b> 'What we do'	Provide a safe environment where we teach gymnastics, train and educate, and provide a mind and body support network

### Core Values

#### 1. Above and Beyond

- Step up and help first without expectation
- Be generous, caring and enthusiastic
- Display a strong work ethic

#### 2. Humbly Confident

- Know your stuff
- No arrogance – remain positive and calm
- Be an active listener and open to other ideas

#### 3. Play as a Team

- Present as a united front – one team
- Open and honest with communication
- Have the best interest of the club at the forefront of your mind
- Be happy, laugh and celebrate each other's success

#### 4. Own it

- Focus on finding solutions, not problems
- Do what you say, finish what you start
- Be accountable for your actions and decisions
- It is okay to ask for help

#### 5. Embrace Change

- Be constantly learning
- Think outside the box
- Run at new challenges, not away from them
- Be comfortable with being uncomfortable